

LIST OF PROGRAMS 2018



EARLY LEARNING

MFS Ready, Set, Go!

A culturally responsive early childhood education and parent engagement program providing low resourced families with access to high quality learning environments led by expert staff.

MFS P3 (Play and Learn)

An Early Learning Hub to link young children and families to the school and provide an opportunity for parents to connect with other parents.

MFS Early Kindergarten Transition (EKT)/ Kindergarten Jumpstart

Providing summer class time for children to meet teachers, make new friends, and become familiar with kindergarten. Parents/Caregivers participate in group engagement and other activities to also learn about kindergarten expectations.

MFS Family Resource Coordination (FRC)

Family Resource Coordinators (FRCs) navigate the health, education, and other human service systems for families with children age 6 and under so they can get the resources they need to be successful. FRCs then follow up with families and providers to ensure that services have been successfully accessed and have met with the families' needs for stability, health, and school readiness.

INTERGENERATIONAL

MFS AARP Foundation Experience Corps (EC)

An intergenerational volunteer tutoring program that engages adults 50 and older to work 1:1 with students to help them reach critical literacy benchmarks by the third grade. At EC school sites across metro Portland and Gresham, findings show significant gains in reading and classroom behavior.

MFS Project Linkage

Staff and Volunteers are linked with older adults and people with disabilities who need transportation services to remain independent in their homes. Volunteers provide minor home repair to older adults living in their own homes. This program makes it possible for people to age with dignity and feel connected to their community.

MFS Benefits Outreach Center

Helps older adults and people with disabilities navigate and enroll in government benefits programs like SNAP, Medicare Savings Program, Medicaid, and Energy Assistance. Staff and volunteers link people to services and resources in the community.



MFS Community Companion

Providing community connection for older adults who are at risk for isolation through social interaction and home-based support services.

MFS Experience PDX (funded by City of Portland)

A part of Age-Friendly Portland, Experience PDX seeks to build a community that works for all ages and harnesses the power of intergenerational connections to address social challenges.

MFS Generation 2 Generation (National Campaign Participant)

Mobilizes people over 50 to help young people who need champions.

MFS COMMUNITY SCHOOLS

Full-service neighborhood centers weave school and community partners together to make sure kids and families have what they need to be successful – in school and in life.

MFS Schools Uniting Neighborhoods (SUN)

The collective efforts of youth, parents, businesses, faith communities, libraries, and community organizations create a network of support to ensure youth academic success and strong communities.

MFS Child and Family Enrichment (CAFE)

Tailored collaborations meet the variable needs of diverse schools and integrate targeted academic support, nutrition, and parent education.

MFS Youth Advocates

Assertive engagement advocacy and support activities, like one-on-one academic supports, advocating for youth in school, and working with youth to create an individualized success plan.

Family Shelter

Providing support and enrichment opportunities for children, youth and adults currently experiencing homelessness and sheltered through support from Multnomah County.

MFS Parent Coaching

Parent coaches provide home visits to families to strengthen parenting skills, communication, and understanding of child development, utilizing an evidence-based parent education curriculum. Coaches link families to community resources and opportunities.

HUNGER RELIEF

Operates school-based food pantries, after school meal sites, summer meal sites, school community gardens and 2 harvest share programs through the Oregon Food Bank, all bringing fresh produce and healthy food to our community. Last year, MFS served nearly 1 million pounds of food to over 20,000 people through our school-based food distributions, while we taught and learned from over 400 students and adults enrolled in our cooking and nutrition education classes.

- MFS Food Pantries (5)
- MFS Open Markets (3)
- MFS Harvest Share
- MFS Community Gardens
- MFS Community School Meals
- MFS Cooking Classes



ECONOMIC EMPOWERMENT

Ways to Work

Provides working parents with financial education and below market rate loans to purchase, repair or refinance a car for work, childcare, and school related transportation. Other services include credit recovery counseling and workshops on how to build personal assets on a fixed income.

Financial Coaching

Individual coaching to help people build credit, and manage debt.

Women's Economic Empowerment

Helps low income women participate more fully in the economy by providing culturally responsive career planning and job readiness training.

SF2020 Youth Internship

Youth participate in activities which invest in their community by work-based learning, connecting to local professional mentors, gaining economic empowerment skills and participating in career exploration experiences.

Ways to Save (Individual Development Accounts IDAs)

Savings accounts that make it possible for low- and moderate-income Oregonians to build assets by making monthly savings deposits that are matched 3:1.

SaverLife

Matched savings program open to people at 80% median income or less.

Credit Coaching

In partnership with Prosper Portland, provides one-on-one coaching to small business owners whose credit scores affect their ability to borrow and grow their businesses.

SOCIAL PURPOSE WORKS

Connects metro Portland's retiring professionals for pro bono work with nonprofits that need help on short-term, high impact, capacity building projects.

KEY MFS COLLABORATIVES

- SUN Service System
- Early Learning HUBS
- All Hands Raised
- Successful Families 2020
- Equity in Operations Cohort – United Way
- Ride Connection
- Providence Health System
- Classic Wines Auction
- Generation to Generation
- Early Literacy (ELSA)



AMERICORPS

MFS proudly hosts AmeriCorps members, volunteers engaged in public service work whose goal is to “help others and meet critical needs in the community.”

- Community Schools
- Economic Empowerment
- Intergenerational
- Early Learning
- Hunger Relief

MFS ENCORE FELLOWS

Skilled, seasoned professionals volunteer their knowledge, skills and time to help MFS advance capacity and deliver on our mission.

VOLUNTEERISM

Volunteers are critical to the success across all MFS Programs, opportunities available - from schools to family support to events and intergenerational social service impact. Volunteers serve:

- Community Schools
- AARP Foundation Experience Corps.
- Kindergarten Readiness
- Holiday Cheer
- A Gathering of Good (MFS Signature Event)
- Classic Wines Auction Event (Annual event benefiting 5 nonprofits)
- Project Linkage
- Benefits Outreach Center
- Social Purpose Works (Pro-Bono Professionals)



MFS programs are funded through a variety of sources that include governmental contracts, foundation grants, partner support and the generosity of committed businesses and individual donors.

71% Government Grants and Contracts

21% Charitable Gifts and Special Events

8% Other Contracts & Client Contributions

Creating Lasting Change. 