



## A Gathering of Good Host Information

Thank you for your interest in hosting an **agog dinner & discussion**. Host underwriting makes these gatherings possible, setting the scene for a lively exchange of ideas.

This year's theme is **Building Healthy Communities**.

We are delighted to help you plan your **agog dinner & discussion**. We will do everything we can to set you up for a successful, enjoyable event.

MFS has a growing list of discussion topics and conversation leaders you may draw upon. Conversation leaders are notable community members and topic experts who moderate and engage guests in dinner discussions.

**When would you like to host your agog dinner & discussion?** Dinner & discussions may be scheduled any day of the week. In fact, they don't have to be dinners – brunches, luncheons, and midday events are all great opportunities to get people together. We encourage you to host the event at your home. Meals may be catered, home-cooked, or potluck, barbeque – whatever your style!

**How many people would you like to attend?** You choose how many people you would like to invite. Typically, anywhere from 10 – 25 guests is ideal. One conversation leader per 8-10 guests works well.

**Who would you like to invite?** Consider close friends, co-workers, and others who would be interested in attending. Are you a member of a men's or women's group, guild, professional organization or interest club? **We'll take care of the invitations.** We just need the basics- name, mailing address, phone number, and email address. The names you provide will not be shared with any other organizations.

**Let MFS do the legwork!** We will:

- book conversation leaders
- design and distribute invitations
- manage invitation and rsvp lists
- connect you with caterers if you wish
- help with set up and clean up

Once the event begins, the host welcomes guests and introduces the conversation leader(s). The conversation leaders will take it from there. Jump right in and enjoy the discussion! At the end of the evening, the host thanks them for attending. There is no request for donations at **agog dinners & discussions**.

Please contact Monica Wirtz at [monicaw@metfamily.org](mailto:monicaw@metfamily.org) or 503.232.0007 x 201 for more information. [www.agatheringofgood.org](http://www.agatheringofgood.org)