



# RSVP

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## Lead With Experience



You've gained a lifetime of experience. Now is the time to put your skills and talents to good use by volunteering through Multnomah County RSVP.

RSVP is America's largest volunteer network for people age 55 and over. Join RSVP and you join nearly 500,000 volunteers across the country tackling tough issues in their communities.

RSVP offers a full range of volunteer opportunities with thousands of local and national organizations. With RSVP, you choose one of our partner stations, the amount of time you want to give and whether you want to draw on your skills or develop new ones. In short, you find the opportunity that's right for you.

Through RSVP, you'll receive pre-service orientation, then specific training from the organization where you serve.

As a benefit to you and your volunteer site, RSVP provides you with accident and personal liability insurance while on duty, plus supplemental automobile insurance while traveling to and from your volunteer site. RSVP also offers you a limited reimbursement for your car mileage or bus fare. Eligibility for these benefits requires the following: copies of your driver's license and auto insurance policy card and your designation of a beneficiary on our enrollment form.

Once enrolled, all that RSVP requires from you is a monthly log of your volunteer hours. Tracking hours is vital for two reasons: first we want to reimburse you and second it ensures program sustainability. We would also like to see you at our annual recognition event to thank you for the service you provide in our community.

And remember: When you volunteer, you're not just helping others—you're helping yourself. Volunteering leads to new discoveries and new friends. Plus, studies show that volunteering helps you live longer and promotes a positive outlook on life.

So get involved, and join Multnomah County RSVP today!

Call 503.249.8215, ext. 22