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FOR IMMEDIATE RELEASE:**Metropolitan Family Service Recognized for Exemplary Workplace Practices**

*Receives prestigious Alfred P. Sloan Award
for Business Excellence in Workplace Flexibility*

Portland, Oregon (October, 20, 2011) – Metropolitan Family Service has been honored with the 2011 Alfred P. Sloan Award for Business Excellence in Workplace Flexibility for its use of flexibility as an effective workplace strategy to increase business and employee success.

This prestigious award, part of the national *When Work Works* project, recognizes employers of all sizes and types in the Portland metro area and across the country.

Workplace flexibility—such as flextime, part-time work and compressed workweeks—has been demonstrated to help businesses remain competitive while also benefiting employees as well.

“Our research consistently finds that employees in effective and flexible workplaces have greater engagement on the job and greater desire to stay with their organization. In addition, they report lower stress levels and better overall health,” states Ellen Galinsky, president of Families and Work Institute (FWI), a research think tank on workforce and workplace trends that administers the awards.

The Sloan Awards are unique for their rigorous, two-step selection process, which involves an evaluation of employers’ flexibility programs and practices, and a confidential employee survey. All applicants are measured against national norms from FWI’s National Study of Employers.

“As a recipient of the 2011 Sloan Award, Metropolitan Family Service ranks in the top 20% of employers nationally in terms of its programs, policies and culture for creating an effective and flexible workplace,” says Galinsky. “In addition, what makes this honor so special is that their employees have corroborated this, affirming that it is indeed an effective and flexible workplace.”

Metropolitan Family Service will be recognized as a 2011 Sloan Award recipient at an upcoming event hosted by Family Forward Oregon. For details please contact Pat Kaczmarek, Marketing and Communications Manager at Metropolitan Family Service at 503.232.0007 ext.170.

When Work Works is a national project to educate the business community on the value of workplace flexibility by sharing research and promising practices, and conducting the annual Sloan Awards. It is an ongoing initiative of Families and Work Institute first funded by the Alfred P. Sloan Foundation. In 2011, the Society for Human Resource Management and FWI formed a ground-breaking, multi-year partnership to grow *When Work Works* and help businesses become more successful by transforming the way they view and adopt effective and flexible workplaces.

For more information about the *When Work Works* project and the Alfred P. Sloan Awards for Business Excellence in Workplace Flexibility, visit www.whenworkworks.org.

ABOUT Metropolitan Family Service (MFS): For 60 years, Metropolitan Family Service has played a vital role in the lives of children, families, and older adults. We provide services at more than 140 sites, including 66 schools. Metropolitan Family Service makes connections that strengthen the lives of 32,000 individuals and families each year.

For more information contact Pat Kaczmarek, Marketing and Communications Manager at 503.232.0007 ext.170, or visit us online at www.metfamily.org.

ABOUT WHEN WORK WORKS

When Work Works is a leading national initiative to help businesses of all sizes and types become more successful by transforming the way they view and adopt effective and flexible workplaces. *When Work Works* is one of the foremost providers of rigorous research and employer best practices on workplace effectiveness and flexibility in the nation, and administers the prestigious Alfred P. Sloan Awards for Business Excellence in Workplace Flexibility annually, which recognize exemplary employers for using flexibility as an effective workplace strategy to increase business and employee success. www.whenworkworks.org @FWInews

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