



## A Gathering of Good Host Information

Organized by Metropolitan Family Service, **agog discussions** provide a forum for provocative, thoughtful, action-igniting conversation on important social issues that affect us all. This year's theme is **Changing Demographics, Changing Communities**. Discussions focus on a single topic related to the theme. We have a growing list of topics to choose from. To moderate and engage guests in the discussion, MFS connects with local topic experts who donate their time and knowledge to serve as conversation leaders.

By providing space, food and beverages, hosts make these gatherings possible and set the scene for a lively exchange of ideas. We're delighted to help you plan your discussion and will do everything we can to set you up for a successful, enjoyable event. It's fun and easy. When the event begins, the host makes welcoming comments. MFS and the conversation leaders take it from there. Jump right in and enjoy the discussion! Near the end of the event, the discussion groups reconvene to share key concepts and ideas for moving forward. A summary of the discussion is sent to all guests and is posted on the agog website and facebook page.

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*"My experience hosting and attending agog discussions has been wonderful. Portland is a community where people want to be informed and involved. Providing an opportunity for that along with friends, food and really interesting discussion leaders has proven to be a great model."* ~ Eva Kripalani, agog co-chair

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**When would you like to host your agog discussion?** Discussions may be scheduled any day of the week.

Dinners, brunches, luncheons, and midday events are all great opportunities to get people together.

Meals may be catered, home-cooked, barbeque – whatever your style!

**How many people would you like to invite?** Between 10 – 30 guests is ideal. One conversation leader per 8-10 guests works very well. ***There is no request for donations at agog discussions.***

**Who would you like to invite?** Consider close friends, neighbors, co-workers, and others who would be interested in learning more about the topic and contributing to the conversation.

**Let MFS do the legwork!** We will:

- book conversation leaders
- design and distribute invitations
- manage invitation and rsvp lists
- connect you with caterers if you wish
- help with set up and clean up

Please contact Monica Wirtz at [monicaw@metfamily.org](mailto:monicaw@metfamily.org) or 503.232.0007 x 201 for more information. Visit us at [www.agatheringofgood.org](http://www.agatheringofgood.org).

